



Poolside Weekly Healthy Specials

December 5 - 11

VEGETARIAN

Broccoli & Tortellini Spinach Salad
with red capsicum & red onions
tossed in a basil honey vinaigrette
\$8.45

SOUTH BEACH

Grilled Tilapia with Mesclun Lettuce
served with mango & green apple salsa
\$10.55

INDIAN

Rajma Masala
red kidney beans cooked in spicy tomato salsa
\$8.45

December 19 - 25

VEGETARIAN

Tomato Gazpacho Salad
tomatoes, cucumber, jalapeno, red onions,
red capsicum & croutons tossed in an Italian dressing
\$8.45

SOUTH BEACH

Spicy Turkey Burger
turkey patty, red onions, tomatoes & iceberg lettuce
served with vegetables wrap in an organic bun
\$10.55

INDIAN

Methi Chaman
cubes of cottage cheese with silky onion gravy
\$8.45

December 12 - 18

VEGETARIAN

Fruit Skewers
rock melon, honeydew, strawberries & grapes
with medori yogurt sauce
\$8.45

SOUTH BEACH

**Pasta stuffed with Mediterranean
Vegetables & Mozzarella**
jumbo shell pasta stuffed with vegetables & cheese
served with a side salad
\$10.55

INDIAN

Mushroom Hara Pyaz
fresh button mushrooms
cooked in spices & spring onions
\$8.45

December 26 - January 1

VEGETARIAN

Confetti Salad
mixed greens, papaya, avocado, corn & kernel
black beans tossed in a orange mustard vinaigrette
\$8.45

SOUTH BEACH

Smoked Turkey Tostada
smoked turkey breast, red capsicum, red
onions, diced tomatoes, jalapeño, cilantro,
cumin & tomato salsa on a crispy corn tortilla
\$10.55

INDIAN

Masala Onion Pakora
deep-fried mushrooms with Indian spices
\$8.45