

Junior Eagles Tennis Program



TENNIS

The American Club offers group instruction for children aged 4 - 16.
All classes are based on ability and placement in the proper group is at the discretion of the teaching professionals.

YELLOW EAGLES | Ages 4 – 6

Cost: \$20.25 per session | Ratio: 1 coach per 5 kids

An introductory class for young children with an emphasis on motor skills and hand-eye coordination.

- **Monday** 4:00 - 4:45 p.m. / 4:45 - 5:30 p.m. / 5:30 - 6:15 p.m.
- **Tuesday, Wednesday & Thursday** 4:00 – 4:45 p.m.
- **Saturday** 8:15 – 9:00 a.m.
- **Wednesday** 4:45 – 5:30 p.m.

RED EAGLES | Ages 7 – 8¹

Cost: \$21.50 per session | Ratio: 1 coach per 5 kids

This class emphasizes technique for the basics strokes as well as motor skills.

- **Monday** 5:30 - 6:30 p.m. / 4:30 - 5:30 p.m.
- **Tuesday** 4:00 - 5:00 p.m.
- **Wednesday** 4:00 - 5:00 p.m.
5:30 - 6:30 p.m.
- **Thursday** 4:00 - 5:00 p.m.
- **Friday** 4:30 - 5:30 p.m.
- **Saturday** 8:00 – 9:00 a.m / 9:00 - 10:00 a.m. /
4:00 - 5:00 p.m.

WHITE EAGLES | Ages 9 – 10¹

Cost: \$21.50 per session | Ratio: 1 coach per 5 kids

The major strokes are reinforced with an emphasis on consistency. Introduction to match play and increasing tactical awareness.

- **Monday** 5:30 - 6:30 p.m. / 4:30 - 5:30 p.m.
- **Tuesday** 4:00 - 5:00 p.m.
- **Wednesday** 4:00 – 5:00 p.m.
- **Thursday** 4:00 - 5:00 p.m.
- **Friday** 4:30 - 5:30 p.m. /
5:30 – 6:30 p.m.
- **Saturday** 9:00 - 10:00 a.m. /
4:00 - 5:00 p.m.

ADVANCE BLUE EAGLES | Ages 11 – 13¹

Cost: \$40 per session | Ratio: 1 coach per 5 kids

For players that are ready to start competitive play. The class will reinforce technique and stroke production and introduce court position and strategy.

- **Tuesday** 5:00 – 6:30 p.m.
- **Wednesday** 5:00 – 6:30 p.m.
- **Thursday** 5:00 – 6:30 p.m.
- **Friday** 5:30 – 7:00 p.m.
- **Saturday** 11:30 a.m – 1:00 p.m.

ADVANCE EAGLES DEVELOPMENT SQUAD

Cost: \$40 per session | Ratio: 1 coach per 5 kids

This group is designed for experienced players with an emphasis on singles and doubles strategy.

- **Tuesday** 5:00 – 6:30 p.m.
- **Wednesday** 5:00 – 6:30 p.m.
- **Thursday** 5:00 – 6:30 p.m.
- **Saturday** 11:30 a.m – 1:00 p.m.

ADVANCED SQUAD¹ | **Pro recommendation required Cost: \$40 per session**

This class targets Junior Players who are willing to take their tennis skills to the next level. The class focus on intensity, technique, live ball drills and match play.

- **Sunday** 1:00 p.m. – 2:30 p.m. or 2:30 p.m. – 4:00 p.m.
- **Weekdays** Timing TBA, depending on availability and interest

TOURNAMENT SQUAD | **Pro recommendation required Cost: \$40 per session**

Players who are continuing to develop good physical abilities, technical skills, tactical tasks & strong mental attitude. Players who are playing tournaments, STA Leagues, and JTIL Leagues

Reminders:

* The above prices are inclusive of GST. Updated on 2019 August

¹ Based on skill levels and coaches' assessment

- No mixing of groups between courts
- Maintain a minimum 3 metre buffer between the groups at all times.

Please contact the Sports Counter at 6739-4312 / sportscounter@amclub.org.sg or Muhammad at muhdh@amclub.org.sg for hours of availability.

