

tradewinds

BREAKFAST

From 8:00 a.m. - 11:00 a.m.

Chia Seed Smoothie Bowl 10 **NEW**

Yogurt, granola, bananas, strawberries & blueberries

Gluten-free option available

Breakfast Burrito 11 **NEW**

Grilled tortilla filled with scrambled eggs, grilled onions, roasted potatoes, cheddar cheese, black beans and served with salsa & guacamole on the side

Gluten-free option available

Huevos Verdes 11 **NEW**


Two fried eggs served atop flour tortillas smothered in tomatillo sauce & cheddar cheese

Gluten-free option available

Avocado Toast 8

Fresh avocado smashed & served on toasted multigrain bread



Add-ons:

- Norwegian smoked salmon 4
- Poached egg 2 

Eggs Benedict 10

Spinach, poached eggs & Hollandaise sauce, on English muffins with grilled asparagus

Add-ons:

- Honey ham 3 
- Smoked salmon 8 






AmClub Breakfast 12

Two eggs (any style) with roasted potatoes, country bread and a choice of bacon, ham or sausage

D.I.Y. Omelette 8

Toppings of two choices, served with roasted potatoes

Add-ons:

- Sautéed mushrooms
- Bell peppers
- Tomatoes
- Red onions
- Bacon 
- Sausage 
- Swiss cheese 
- Cheddar cheese 
- Impossible plant-based patty 7 

Southern Breakfast 12

Biscuits, sausage gravy, crispy bacon, fried egg & roasted potatoes

Pancakes 12

House-made pancakes, accompanied with blueberries, bananas and caramelized walnuts, served with maple butter & garnished with honeycomb chunks

Crisp Malted Waffles 10

Served with blueberries, bananas, caramelized walnuts and maple butter

Fish / Chicken Congee 7

Served with scallions, ginger & soya sauce
Gluten-free option available

Sambal Fried Bee Hoon 12

Rice vermicelli, fried with chicken, seasonal vegetables, fried egg & sambal

Nasi Lemak 13 **NEW**

Coconut rice, fried chicken wing, otak otak, ikan bilis, peanut, hard-boiled egg, cucumber & sambal chilli

Gluten-free option available



Roti Prata 7 **NEW**

Served with curry & dhal












Southern Indian Dosa 8

Served with assorted chutney & sambar

Choice of fillings (choose one):

- Potato & cauliflower 
- Fluffy scrambled eggs & potatoes 

Side Orders:

- Two eggs 3
A choice of poached / scrambled / hard boiled / soft boiled
- Roasted breakfast potatoes 2
- Bacon / ham / sausage 4 (each) 
- Half an avocado 2
- Toast 2 (white / whole wheat / multigrain / rye) 
- Two biscuits & gravy 5   
- Bagel with cream cheese 4 
- Creamy Oatmeal 5 
Served with raisins, banana & brown sugar
- Tradewinds Granola 7   
Served with seasonal fruits & Greek yogurt
- Fresh Fruit Plate 6 
Watermelon, honeydew & seasonal selections
- Canadian Maple Syrup 2 **NEW**

KIDS MENU

(Strictly for children under 10 years of age)
All of our Kids' Menu breakfast meals includes milk, juice, hot chocolate or milo

Club-made Muesli 5 **NEW**

Served with fresh berries, apple bits, grapes, raisins & milk

Junior Breakfast 8

Scrambled eggs, applewood bacon, sliced apples & roasted breakfast potatoes

Kids Pancakes 6

Served with blueberries, bananas, caramelized walnuts & maple syrup

Kids Waffle 6

Half a waffle, served with blueberries, bananas, caramelized walnuts & maple butter

Menu Icon Key:



Dairy



Eggs



Gluten-free



Nuts



Pork



Shellfish



Vegetarian

Prices include 7% GST

