

KARATE

Karate is a Japanese martial arts with influence from Chinese Kung Fu, it is predominantly a striking art using punching, kicking, knee and elbow strikes, and open-hand techniques.

About the instructor:

Sensei Tan Soo Lin is a fifth dan, internationally qualified professional coach with over 37 years of Karate experience. He has extensive teaching experience and was also the Gold Medallist at the internationally acclaimed Asian Shitoryu Karate Championship.

CLASS SCHEDULE

TUESDAYS

4:45 p.m. – 5:45 p.m.
The Quad Studios 3

**Minimum four participants for class to commence
\$20 per session (Price excludes uniform fee)**

